

# Life Application Questions

---

*Consider the following sermon-based questions for your individual study or with a group of folks like one of the several Life Groups available at Chilson Hills.*

## **Foundational Scripture:**

*Psalm 31:1-24*

## **Featured Scripture Reflection**

*“Into Your hands I commit my spirit; redeem me, O Lord, the God of truth.”  
(Psalm 31:5. NIV)*

## **Opening Icebreaker**

*Is there someone you would hide from if you saw them in the store today? Why?*

## **Scripture Questions**

*What is the scripture saying?*

- What are sections of the ‘life trap’ that King David is describing in this psalm?
- What causes King David’s distress in verses 9-18?
- How is King David’s trust rewarded?
- King David felt cut off from God and then became aware that God was actually listening. (vs.22) What do you think were some of the reasons King David felt that God was absent?

*How is your life touched?*

- What does this psalm teach you about priorities in your life?
- Both Jesus and Deacon Stephen quoted verse 5 as they died. Do you think these are good last words?
- What will be the last words said over your life? Are you happy with these words? If not, what can you do to change them?
- What are the most important areas of your life? Are you giving adequate time to these important areas? If not, what are you going to do about it?

*What is God’s invitation to you?*

- King David demonstrates over and over again that he is God’s man and that his family life is a struggle. More than once he had to deal with attacks by his children. What is God telling you about your life priorities in relationship to God and to your family? How can your Lifegroup support you in keeping God-centered priorities in your life?

*What can you pray for?*

Pray that Chilson Hills will be a community of God’s people who are committed to living out Godly values in their homes, neighborhoods, and places of work.