

THURSDAY **2-11-10**

Read: Luke 9:28-36 (www.biblegateway.com/bible?passage=luke+9:28-36)

Prayer: Dear Jesus, as a flower lifts its head to the sunlight, as a bucket comes to the fountain to be filled, as the clay comes to the potter and the sculptor to be shaped, so I come to You. So mold me, make me, fill me, and use me today and I will give You all the glory. Amen.

Journal Reflection: In this Gospel lesson Luke's account of the disciples experience on the mountain of transfiguration is clear. The veil between heaven and earth is opened. The disciples are ushered into the glory of the heavenly realm. They are awestruck. Reread the story several times today. Notice that this Jesus experience challenges you to accept the reality of life beyond your everyday living. Here, on the mountain, Jesus invites the disciples and you to place your trust completely and totally in the hands of God. Is something wrong? Trust God! Is something difficult? Trust God! Is something not working out the way you want it to? Trust God! Practice the art of actually trusting God today. After all, there is much more to this world than you can ever know. But, God knows!

Resolve: I will trust the Lord today in all things!

FRIDAY **2-12-10**

Read: Jeremiah 17:5-10 (www.biblegateway.com/bible?passage=jeremiah+17:5-10)

Prayer: Gracious and Loving Parent, thank You for inviting me, even now, to become Your follower today. You know the road ahead, so lead me Lord Jesus. Lead me, Lord, and my path will be one of rejoicing no matter what manner of country I may walk through. Lead me, Lord, and my path will be one of hope no matter how dark it might be. Lead me, Lord, and I will learn to trust in you each step of the way. Amen.

Journal Reflection: The Prophet Jeremiah challenges our materialist culture. God's truth that he proclaims is that "mere flesh" cannot bring healthy living. No matter how much stuff you collect, true happiness will not be yours. When you trust in God with your whole life, then you are able to live abundantly. Today ask God to help you to trust in God and live without fear. Trust God to help you live with joy no matter what circumstances might throw at you. Trust God to be with you, strengthen you, and give you the necessary words at the appropriate time. You can trust God today in everything you say and do. You can walk step by step with God and experience life at its very best!

Resolve: I put my trust in the Lord God today.

SATURDAY **2-13-10**

Read: I Corinthians 15:12-20 (www.biblegateway.com/bible?passage=i+corinthians+15:12-20)

Prayer: Lord of Heaven and Earth, the fog of doubt lifts and I sense once more the sunshine of Your love. The sky is blue once again, for I am walking down the road of faith with You. I sense a total environment of Your grace, mercy, and peace surrounding me each step of the way. Thank You! Amen

Journal Reflection: Without Easter there would be no Christmas. Jesus Christ's resurrection is the core of our faith. Today's Holy Scripture reminds you of this fact of our faith. Through the resurrection of Jesus our world is transformed! This message is the "Good News" of the early Christians. Death is defeated! Eternal life with God in God's glory is assured. Give yourself permission to ponder what Jesus' resurrection means to you. The fear of death is gone! The fear of failure is eliminated. The fear of not being good enough is removed. The fear of not measuring up is no longer valid. Jesus' resurrection transforms your world. Accept the Risen Christ into your life in a more profound way than ever before today. Let your life reflect the joy of Jesus' resurrection today.

Resolve: Fear is gone with trust in the Risen Jesus Christ!